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MORGAN FREEMAN
LECTURES **PAGE 15**



A snapshot of the world in 2013

The World Press Photo exhibit at the Canadian War Museum showcases award-winning pictures from around the globe **PAGE 3**

Breaking ground for bike bridge

'Amazing' \$9.2 million Rideau River cycling bridge will link Overbrook to Sandy Hill by connecting Strathcona Park to Donald St. **PAGE 4**

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YOU ARE NOW IN THE SENS HOUSE

Hosts Jo, Jessica and Maia pose for a photo at the new Sens House Sports Bar and Grill, which held a grand opening event Thursday. See story on Page 6. DENIS ARMSTRONG/FOR METRO

Crime down, except for violent crime: Cops

Trends. Watch out, Ottawa — 2013 saw murders rise 20 per cent

DENIS
ARMSTRONG
ottawa@metronews.ca

Ottawa Police Services released their 2013 Annual Report, which included a report on crime trends over the last

two years on Thursday.

The good news is last year you were less likely to be robbed, have your business torched or your bike stolen.

The bad news is that you were likelier to be the victim of a violent crime.

According to the annual trend study, Ottawa's overall crime rate dropped 10.8 per cent between 2012 and 2013 from 38,932 offences in 2012, to 34,967 in 2013. Altogether,

there were more than 4,000 fewer property crimes in 2013 than there were in 2012, with the largest drops being 20 per cent reductions in break and enters and car thefts, while arson rates dropped nearly 36 per cent.

Whatever gains the Ottawa Police Services made fighting property crime the city gave back in violent crimes against the person. The city's murder rate jumped 20 per cent from

seven murders in 2012, to nine in 2013, while assaults and rapes increased by 12 per cent.

While the report notes violent crime rates are up 10 per cent, it notes some of that statistical increase can be attributed to "a procedural change in how officers code and clear partner-related assaults."

Meanwhile, 2013 was a banner year for counterfeiters and prostitutes. Counterfeiting increased by 146 per cent

while prostitution jumped by 46 per cent.

"Ottawa is a safe city and we are always looking for ways to improve service to residents," said Chief Charles Bordeleau in a written statement. "I am so proud of the commitment of our members who work every day to keep residents safe."

The 2013 Annual Report is available on the ottawapolice.ca website.

Prevent poverty? We don't think so

Canada Revenue Agency tells Oxfam it cannot try to prevent poverty, it can only try to alleviate it **PAGE 8**

Canadians killed in Air Algerie crash

The wreckage of the jetliner carrying 116 people — including five from Canada — was found Thursday **PAGE 10**

Sweet to a fault

Latest vogue in vodka is to ditch the sickly-sweet flavours for something that, tastes like, you know, vodka **PAGE 12**

Get saucy with your steak

Adding Chimi-churri sauce to your flank steak can make all the difference on the grill **PAGE 21**



'MIRACLE MOLECULE' SUPERCHARGES CIRCULATION, PROMISING BETTER BLOOD FLOW, BLOOD PRESSURE AND INCREASED MENTAL CLARITY & STAMINA!

Are you concerned with high blood pressure or cholesterol, a lack of stamina and energy, a dip in libido and physical performance, or the increase of "senior moments?" The answer to living without these health concerns has been discovered in what scientists are calling the most important health breakthrough of our time. The discovery starts with nitric oxide (N-O)!

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N-O is a natural substance produced by the body that has amazing effects on health and circulation. The American Heart Association published one of many studies showing that many people over 40 don't produce enough N-O. In fact, your body produces less than half of what it did at 20.



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Three researchers received the prestigious Nobel Prize for this discovery. One of the winners says, "There may be no disease process where this miracle molecule does not have a protective role".

GOOD NEWS FOR BOOMERS!

Researchers reported that N-O helps

with energy levels, blood pressure, cholesterol, joint discomfort, and assisted in strengthening the immune system.

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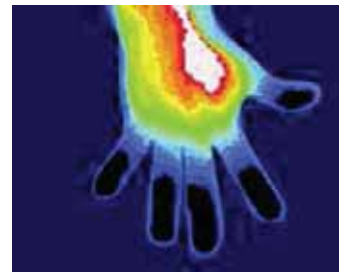
Based on the research of Dr. Nathan S. Bryan, PhD, who lectures to doctors around the world about Nitric Oxide, Neogenis® Labs has created a revolutionary lozenge, called Neo 40 daily, that makes it easy to restore N-O levels. This "fast-dissolve" lozenge restores your N-O to youthful levels by dissolving within 90 seconds and begins to work immediately, which leads to better circulation, for many in as little as 20 minutes.

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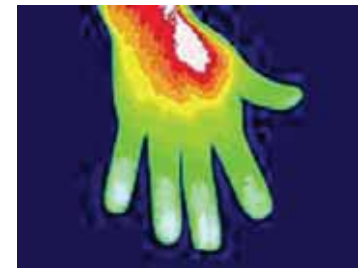
Better circulation helps increase stamina, maximizes metabolism, helps manage stress and maintains healthy sexual function. Healthy N-O levels also promote better blood pressure and cholesterol as a result of improved circulation to all major organs.

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Dark = Low Blood Flow



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Actual Thermographic Image of Hand shows circulation in hands before and after taking Neo 40 daily. On the Left, the fingertips are almost black showing little blood flow. On the Right, lighter colored fingers show increased blood flow after only 20 minutes.

A boost in Nitric Oxide levels may equal increased sexual sensitivity for men and women. Tammy from Ontario said, "The first night after my first dose I had improved circulation in my hands. I find the increased circulation is a definite benefit in the bedroom." "We noticed a difference in my husband's erections within a week. We can't believe how well it works," reports pleased wife Marion S., of New York.

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War Museum showcases award-winning images

Through the lens.
World Press Photo exhibit presents best in photojournalism



LUCY SCHOLEY
lucy.scholey@metronews.ca

If a picture says 1,000 words, then the World Press Photo exhibit at the Canadian War Museum is a library of international stories from last year.

The collection of award-winning images were the top picks of nearly 100,000 photos from 132 countries submitted to the World Press Photo competition.

The entire collection is like a snapshot of the world in 2013.

A group of blind albino school boys in India, a West Bank man carrying a sheep in the passenger side of his car, and a polo player falling off his horse during a game were among the winning picks in

this year's contest.

But the top World Press Photo of the Year 2013 was one taken by American photographer John Stanmeyer of the VII Agency. His dark picture shows a group of African migrants on the shore of Djibouti City at night. Their arms are raised in the air, each holding a cellphone in an effort to connect with a cell signal and make contact with someone.

"This picture is about immigration," said Micha Bruinvels, the manager of contests for the World Press Photo Foundation. "These are immigrants on the shore of the Red Sea trying to connect with their loved ones via their mobile phones, to tell them that they're actually heading toward the new land."

"We are able to connect with these people ... since these people are doing what we do, as well."

A jury picked the top three photos of nine categories, including sports, nature, general



Micha Bruinvels, manager of contests for the World Press Photo, stands beside this year's top World Press Photo winner at the Canadian War Museum on Thursday. LUCY SCHOLEY/METRO

news and staged portraits.

The World Press Photo Foundation was established in the Netherlands in 1955, making it 60 years old next year.

The non-profit organization promotes professional photography and the free exchange of information. It's sponsored by Canon and receives support

from the World Press Photo.

The winning photos will be on display in the Barney Danson Theatre at the Canadian War Museum until Aug. 21.

Ottawa zine puts some YOW! in the 613



Lily Pepper is trying to turn around Ottawa's stodgy rep with a new zine called Yow! CONTRIBUTED

Ottawa resident Lily Pepper is doing her best to turn the city's boring, bureaucratic reputation upside down.

Pepper is the mastermind behind YOW!, a new zine dedicated to spreading the word about Ottawa's hidden gems through collaboration with local writers.

The name YOW!, explained Pepper, is a play on on the Ottawa Macdonald-Cartier International Airport's International Air Trans-

port Association code.

Pepper described zines as pamphlet-style booklets that are self-published by their authors, giving them the artistic freedom to produce whatever content they want.

"People in Ottawa tend to talk the city down, say it's boring and that it's not like Montreal or Toronto," said Pepper.

"I think that the culture in Ottawa has really been changing in the past few

years ... But I think that people's attitudes in the city haven't really (caught) up to that."

Pepper is accepting entries for the new zine until the end of the summer and says she will be publishing in the fall.

Written reflections, memories and thoughts on Ottawa's weird and unique quirks are all welcomed for submission.

Depending on the success of the first edition, the zine

may be just a one time thing, or an ongoing publication, said Pepper.

To be sold at about \$5 to cover printing costs, a couple hundred copies of the 40- to 50-page zines are planned to be distributed along the zine racks at Pressed Café and Gabba Hey as well as local bookstores in the city.

YOW! entries can be submitted online to lilypepper@gmail.com.

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1 NEWS

Construction begins on \$9.2M Rideau River cycling bridge

Gears are turning.

Link will make 'amazing' connection between Sandy Hill, Overbrook and Vanier, says councillor



LUCY SCHOLEY
lucy.scholey@metronews.ca

Cyclists and pedestrians will have a safer route across the Rideau River once the Somerset-Donald Street Bridge is finished.

The \$9.2-million project, which broke ground on Thursday, will link the communities of Overbrook to Sandy Hill by connecting Strathcona Park to Donald Street.

This development means cyclists won't have to cruise down the treacherous Cum-

A smoother ride

"People are going to be able to easily and safely cycle into downtown."

Rideau-Vanier Coun. Mathieu Fleury

mings Bridge and those on foot will not need to tiptoe on shallow bedrock to cross the Rideau River.

The words "pedestrian bridge" might make you think of the beleaguered crossing on the Airport Parkway that has been set back by about three years and over budget by nearly \$5 million, but Mayor Jim Watson said he's going to make sure this bridge is finished on time and on budget.

"I've taken a very hands-on interest to make sure that it is a very functional, practical and not-complicated bridge," he said. "I think the lessons



A cyclist cruises through Strathcona Park on Thursday as construction began for the Somerset-Donald Street Bridge that, when it is completed, will link Overbrook to Sandy Hill. LUCY SCHOLEY/METRO

learned from the Airport Parkway bridge, obviously, is the fancier and the more bells and

whistles, the more that can go wrong."

Decades ago, the city

would install a summertime wooden bridge between these two communities. But, more


recently, people have been crossing the Rideau River at a shallow section upstream, which can be dangerous, said Rideau-Vanier Coun. Mathieu Fleury.

"It's going to be an amazing connection point between Sandy Hill, Overbrook and Vanier — and beyond, really — because people are going to be able to easily and safely cycle into downtown," he said.

Rideau-Rockcliffe Coun. Peter Clark said this crossing has been in the works for several years, but there was no room in the budget.

Another "key" bridge project is the Fifth Avenue-Clegg Street crossing, which could cost about \$15 million to 30 million, said Watson.

He said it has been a very "intense" construction period, but the city is working on infrastructure improvements before Canada's 150th anniversary in 2017.



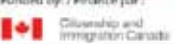

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Serious crash closes road

Workers begin work to right and remove an overturned tanker truck from a ditch Thursday morning on Highway 174 east of Trim Road. The tanker collided with a car Wednesday night and the ensuing rescue of the drivers, the investigation and cleanup closed the road Wednesday night and most of Thursday. The female driver of the car was taken to hospital in critical condition.

MIKE CARROCCETTO/FOR METRO



West end

Boy, 13, charged with three counts of sexual assault

Police arrested a 13-year-old boy after three women in their 30s were sexually assaulted in the past two weeks in the city's west end.

The boy, who cannot be identified because he is a youth, was arrested Wednesday after the third victim chased him and called police. The incident happened at around 2:30 p.m.

Through their investigation, police alleged he is responsible for two other sexual assaults that happened on July 14 in the 2800 block of Dumaaurier

Avenue, and near the intersection of Richmond Road and Bayshore Drive.

The accused faces three counts of sexual assault.

JOE LOFARO/METRO

Two cars involved

Charges laid in drive-by shooting

The guns and gangs unit of Ottawa police arrested five people and laid 60 charges Thursday as they investigated a drive-by shooting between two cars Wednesday evening.

Police said the arrests came after investigators conducted several raids on cars and homes with the assistance of the Direct Action

Response Team (DART).

Individuals inside two different cars fired guns at each other at around 8:15 p.m. on Bank Street north of Heron Road, according to police. No injuries were reported.

Hussein Mohammad, 28, and Fawaz Abdullah, 25, are facing several charges, including careless use of a firearm, reckless discharge of a firearm, and possessing a firearm obtained by crime.

Jaber Malji, 25, and Michael Cook, 57, are facing drug charges, while Bryanna Mackay, 18, is facing a drug charge and possession of property obtained by crime under \$5,000.

All the accused are from Ottawa and are scheduled to make court appearances.

JOE LOFARO/METRO

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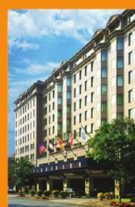
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These teens have a pretty good 'What I did this summer' story

Canadian Museum of Nature. Local high schoolers joined international students for trip-of-a-lifetime to the Arctic this July



JOE LOFARO
joe.lofaro@metronews.ca

If Michaela Norgren and Jack Patterson could describe their two-week whirl around the Arctic in one word, it would undoubtedly be "breathtaking."

The two Ottawa high school students were among a group of 87 teenagers from Canada, the U.K., the U.S., Monaco, and China who participated in the 2014 expedition, Students on Ice.

"Everywhere you look is just breathtaking scenery, and you could see wildlife all the

time. It's just an amazing experience," recalled Norgren, a 17-year-old Immaculata High School student, at the Canadian Museum of Nature Thursday.

The museum welcomed some of the Canadian and international students back to Ottawa where their journey took off on July 9. Students on Ice took the students on a tour of communities and islands of the Torngat Mountains National Park in Labrador and the southern and western coasts of Greenland.

They shared the experience with scientists and Inuit leaders, who, according to the students, were even amazed themselves by the enchanting beauty of the Arctic. Students took a ride on a Zodiac in the frigid waters, visited remote Inuit communities, and spotted whales and polar bears that were sometimes just a few metres away.

"I think that everyone at one point in their life should ...

visit the communities and visit the Arctic because it is a truly unique place and it's one of the most delicate (places)," said Norgren.

Patterson, 16, of John McCrae Secondary School, said the experience put his life into perspective and made him feel so insignificant, being surrounded by towering icebergs, mountains, and majestic polar bears.

"So we Zodiac out to the humpback whale and I probably could have touched it if I reached out, and all that came out was the blowhole (but) that was bigger than our entire Zodiac," he said. "You just feel so small and vulnerable there."

Coming back to Ottawa has Norgren wanting to pursue studies in environmental sciences, while Patterson wants to study Inuit history.

When asked if they would go back to the Arctic, both said an emphatic "yes."

"I would go back tomorrow," said Patterson.



Michaela Norgren, 17, and Jack Patterson, 16, were welcomed home Thursday at the Canadian Museum of Nature after spending two weeks exploring the Arctic with a group of 87 international students. JOE LOFARO/METRO

The Sens vs. Real Sports face off for sports bar fans



From left: Sens alumnus Todd White with Sens House Sports Bar and Grill co-owners Steve Monuk, Jason York and Jim Kyte. DENIS ARMSTRONG/METRO

Starting Monday, Sens fans will have a new clubhouse to gather in and talk about all things hockey.

Located on 73 York St., the new Sens House Sports Bar and Grill takes over the second floor of the former Hard Rock Cafe.

The 5,000-square-foot restaurant can seat up to 250 guests and features a state-of-the-art retractable roof, with a retail store also on-site.

The Sens spot is situated nearby rival sports hangout Real Sports Bar & Grill.

Mike Wallace, senior director of marketing for the Senators, said the new bar is unique, though, since it has a niche market with Sens' fans.

"What's very important to us is fan engagement," said Wallace.

"If you can't come to a live game, we want a place

for fans to be able to congregate."

Still, the restaurant won't screen only Sens' games — because, laughs Wallace, fans have to keep an eye out for the competition, as well.

The new bar, he added, is also part of plans to celebrate the Sens' upcoming 25th anniversary.

Steve Monuk, co-owner of the bar, expects the restaurant to be a successful

venture, even if it's launching its services in the middle of the summer.

"You're not just a fan during hockey season — you're a fan 12 months of the year," he said.

Season seat holders will gain entrance to the bar Friday night. All other fans will be able to gain entry starting July 28. The bar opens daily from 11 a.m. to 2 a.m.

AMY YEE/FOR METRO

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'Preventing poverty' unacceptable goal for charity: Feds

Canada Revenue Agency. Forced Oxfam Canada to change its mission statement

The Canada Revenue Agency has told a well-known charity that it can no longer try to prevent poverty around the world, it can only alleviate poverty — because preventing poverty

might benefit people who are not already poor.

The bizarre bureaucratic brawl over a mission statement is yet more evidence of deteriorating relations between the Harper government and some parts of Canada's charitable sector.

The lexical scuffle began when Oxfam Canada filed papers with Industry Canada to renew its non-profit status, as required by Oct. 17 this year

under a law passed in 2011.

Ottawa-based Oxfam initially submitted wording that its purpose as a charity is "to prevent and relieve poverty, vulnerability and suffering by improving the conditions of individuals whose lives, livelihood, security or well-being are at risk."

The international development group, founded in 1963, spends about \$32 million each year on humanitarian relief

and aid in Africa, Asia, and Central and South America, with a special emphasis on women's rights.

But the submission to Industry Canada also needed the approval of the charities directorate of the Canada Revenue Agency, and that's where the trouble began.

Agency officials informed Oxfam that "preventing poverty" was not an acceptable goal.

"Relieving poverty is charitable, but preventing it is not," the group was warned. "Preventing poverty could mean providing for a class of beneficiaries that are not poor."

Oxfam Canada's executive director called the exchange an "absurd conversation."

"Their interpretation was that preventing poverty may or may not involve poor people," Robert Fox said in an interview with The Canadian Press.

The Canada Revenue Agency prevailed, and the official declaration to Industry Canada about the purposes of the non-profit corporation dropped any reference to preventing poverty.

"Our mission statement still indicates we're committed to ending poverty, but our charitable (purposes) do not use the word 'end' or 'prevent' — they use the word 'alleviate.'"

THE CANADIAN PRESS

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'I tawt I taw a puddy tat'

A stray cat nicknamed Butterscotch, that got its head stuck in a small bird feeder, is shown in Brandon, Man., Wednesday in a handout photo. Witnesses say the cat can see out of one eye and runs away when approached. With the bird feeder on its head, the cat may not be able to eat or drink, and witnesses are worried how long it can survive. COLLEEN GAREAU/THE CANADIAN PRESS

Maximum sentence

10 years for man planning to join terror group

The first Canadian convicted under a law criminalizing attempts to join a terrorist group was handed the maximum sentence of 10 years in prison on Thursday, in a case his lawyer had argued was one of entrapment.

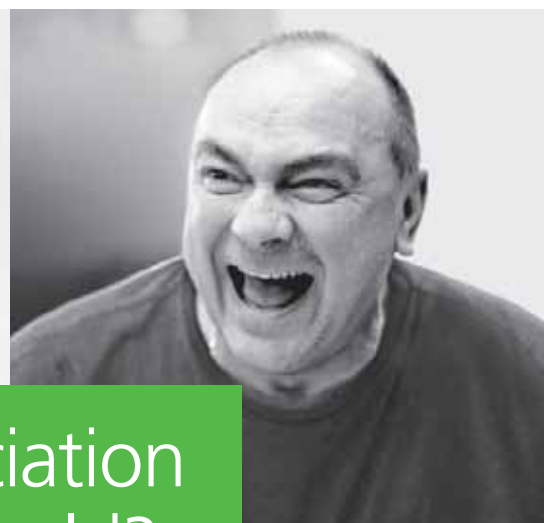
An Ontario Superior Court jury had convicted Mohamed Hassan Hersi in May on charges of attempting to participate in the activities of a terrorist group and providing counsel to a person to participate in terrorist activity.

In court in Brampton, Ont., Justice Deena Baltman sentenced Hersi, 28, of

Toronto, a one-time security guard, to maximum and consecutive five-year terms for each count, saying he was about to become a "terror tourist."

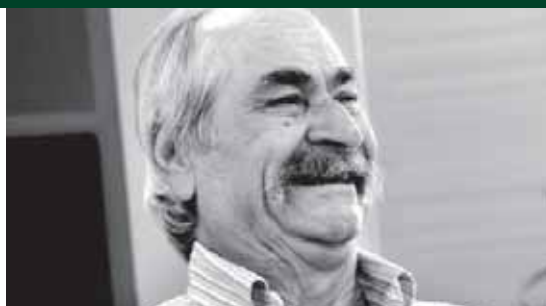
Hersi had argued he was the victim of abuse of process, including entrapment, but Baltman dismissed the objection last month and confirmed the conviction — the first since a section of the Criminal Code on attempting to participate in a terrorist group became law in 2001.

Police arrested Hersi in March 2011 at Toronto's international airport as he waited to board a flight to Cairo via London. They alleged he planned to join Somalia's al-Shabab, an Islamic terrorist group known for its atrocities. He said he was only planning to study Arabic in Egypt. THE CANADIAN PRESS



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Air Algerie flight crashes in Mali, five Canadians aboard



A man speaks on a cellphone outside the Spanish Swiftair airline office in Madrid, Thursday. An Air Algerie flight disappeared from radar Thursday over Mali, officials said. The wreckage was found about 50 kilometres from the border of Burkina Faso. PAUL WHITE/THE ASSOCIATED PRESS

Flight 5017. Airplane travelling from Burkina Faso to Algiers vanishes amid 'difficult weather conditions'

The wreckage of an Air Algerie plane that went missing Thursday has been found about 50 kilometres from the border of Burkina Faso in Mali, a presidential aide said.

The Air Algerie jetliner was carrying 116 people, including five Canadians.

"We sent men with the

Quoted

"Our thoughts and prayers are with the families and friends of the passengers and crew who lost their lives in this tragedy."

Prime Minister Stephen Harper

agreement of the Mali government to the site and they found the wreckage of the plane with the help of the inhabitants of the area," said Gen. Gilbert Diendere, a close aide to Burkina Faso President Blaise Compaore and head of the crisis committee set up to investigate the flight.

"They found human remains and the wreckage of the plane totally burnt and scattered," he said.

He said that they went to the area after hearing from a resident who described seeing a plane go down.

Flight 5017 vanished Thursday in a rainstorm over restive northern Mali, and French officials had said it had probably crashed — the third major international aviation disaster in a week.

Before vanishing, the pilots sent a final message to ask Niger air control to change its route because of heavy rain, Burkina Faso Transport Minister Jean Bertin Ouedraogo said.

THE ASSOCIATED PRESS



Palestinians who lost relatives in an Israeli strike cry as they leave Beit Hanoun hospital in Gaza on Thursday. Israeli tank shells hit a compound housing a UN school in Gaza Thursday, killing more than a dozen. ADEL HANA/THE ASSOCIATED PRESS

Conflict in Gaza. At least 15 killed as UN school hit by Israeli tank shells

UN response

UN Secretary-General Ban Ki-moon demanded Israel and Hamas abide by international law, respect "the sanctity of civilian life, the inviolability of UN premises" and protect humanitarian workers.

Israeli tank shells hit a compound housing a UN school in the Gaza Strip on Thursday, killing at least 15 people and wounding dozens who were seeking shelter from fierce clashes on the streets outside, Palestinian officials said, as Israel pressed forward with its 17-day war against Hamas.

The UN said the strike occurred as staff members were trying to arrange a humanitarian pause in the hostilities so they could evacuate the civilians from the compound in the northern town of Beit Hanoun. The Israeli military said it was

reviewing the incident and suggested Hamas rockets may have been to blame, although it offered no proof.

THE ASSOCIATED PRESS



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From an Icelandic vodka made from glacier spring water to a Colorado potato vodka made from freshly picked home-grown spuds, the latest vogue in vodka is more craft than kitsch.

"Vodka distilleries are saying, 'Listen, let's get back to our



No candy-flavoured vodkas here. These trendy craft vodkas make a 'clean cocktail.' THE ASSOCIATED PRESS FILE

basics. Let's make these products and represent ourselves in a way that holds true to mixing a very clean cocktail," says Jeff Leanheart, beverage director of

The Smith Lincoln Center in New York City.

Flavoured vodkas have been huge in recent years — bubble-gum flavoured martini, anyone? — and Leanheart doesn't expect them to disappear. But there's a serious spirit emerging in new premium vodkas that mirrors the food world emphasis on fresh, local and seasonal products.

Take Reyka, a new vodka from Iceland that in addition to being made with glacier water, is filtered over Icelandic lava rocks.

The result is a spirit with "a beautiful mouth feel that shows beautifully in simple drinks. It can be drunk almost naked, if you will," says Charlotte Voisey, well-known mixologist.

THE ASSOCIATED PRESS



Money still doesn't grow on trees

Londoners walking through Potters Field Park were surprised to see a "money tree" blooming with £9,820 (\$17,919.15) in £10 notes, the average amount a working British family has in savings, on Thursday in London, England. The tree was planted by Sunlife to encourage the nation to start saving at least £10 a month for a brighter future.

TRISTAN FEWINGS/GETTY IMAGES FOR SUNLIFE

Two-day halt

Air Canada resumes flights to Tel Aviv

Air Canada resumed flights Thursday to Tel Aviv after a two-day halt prompted by security concerns over rocket attacks near Israel's main airport.

The Federal Aviation Administration also lifted its ban on U.S. flights in and out of Israel late Wednesday night. THE CANADIAN PRESS

Market Minute

DOLLAR
93.07 (-0.14)

TSX
15,394.45 (+0.07)

OIL
\$102.07 US (-\$1.05)

GOLD
\$1,290.80 US (-\$13.90)

Natural gas: \$3.84 US (-\$0.07)
Dow Jones: 17,083.80 (-2.83)

E-BOOKS CLASS ACTION

To all persons in Canada who purchased E-Books from April 1, 2010 to September 22, 2014
Notice of Certification/Authorization and Proposed Canadian Settlement

THE LAWSUITS

Class action lawsuits were commenced in Ontario, British Columbia and Quebec ("Actions") against Apple Inc. ("Apple") and various publishers of E-Books (the "Publishers", particularized below) alleging they conspired to fix, maintain, increase or control the price of E-Books sold by them in Canada, contrary to Part VI of the Competition Act, the common law and the Civil Code of Quebec (the "Alleged Conspiracy"). The Actions allege that, as a result of the Alleged Conspiracy, the price of E-Books sold in Canada from April 1, 2010 to September 22, 2014 was artificially high, and seek, among other things, reimbursement of the alleged overcharges. The defendants deny those allegations, and the claims have not been proven in Court.

THE PUBLISHERS

The Publishers are Hachette Book Group Canada Ltd, Hachette Book Group Inc., HarperCollins Canada Limited, HarperCollins Publishers LLC, Macmillan Publishers, Inc., Penguin Group (USA) LLC (formerly Penguin Group (USA), INC.), Penguin Canada Books, Inc. and Simon & Schuster Canada, a division of CBS Canada Holdings Co.

THE PROPOSED SETTLEMENT

A settlement was reached with the Publishers (the "Settlement"). Settlement benefits include payment of \$3,175,000 (the "Settlement Proceeds") and cooperation in prosecuting the Actions against Apple. The Settlement must be approved by the Ontario and Quebec Courts ("Courts") to be effective.

CERTIFICATION / AUTHORIZATION

For the purposes of implementing the Settlement, the Actions were certified/authorized as class actions by the Courts in relation only to the Publishers. This means that the determinations made in the Actions will automatically apply to all persons who purchased E-Books in Canada between April 1, 2010 and September 22, 2014, unless they take steps to exclude themselves from the Actions (see below under "Your Options"). Certification / authorization will be set aside if the Settlement is not approved by all the Courts.

SETTLEMENT APPROVAL HEARINGS

The requests to approve the Settlement will take place in hearings on **October 6, 2014 at 10:00 a.m. in Windsor, Ontario** and **October 14, 2014 at 9:30 a.m. in Montréal, Quebec**. At the same time, the Class Lawyers may seek approval of their contingency agreements with the representative plaintiffs and of a fee percentage to be deducted from the Settlement Proceeds with other court-approved costs.

THE SETTLEMENT AFFECTS YOUR RIGHTS

If the Settlement is approved, it will affect all persons in Canada who purchased E-Books from April 1, 2010 to September 22, 2014 except those who opt out of the Actions, the Defendants and certain related parties ("Settlement Class Members"). Under the Settlement, Settlement Class Members **RELEASE** the Publishers and other related parties from claims regarding the purchase of E-Books in Canada from April 1, 2010 to September 22, 2014, and commit to discontinue or dismiss other proceedings.

WILL I RECEIVE ANY MONEY AT THIS TIME?

The net Settlement Proceeds (after deduction of legal fees and expenses and any other amounts approved by the Courts) will be held in trust for the benefit of Settlement Class Members. No disbursement of money to Settlement Class Members is contemplated at this time. The manner in which the net Settlement Proceeds will be distributed will be determined by the Courts at a later date, in particular because the case is continuing against Apple and the Courts may be asked to permit their use in the continued prosecution of the Actions. If the Courts approve a distribution of the net Settlement Proceeds, another notice will be provided and posted online at www.Ebooksettlement.ca explaining who is eligible for direct payment and how those persons can apply to receive payment. In the meantime, all purchasers of E-Books in Canada are encouraged to retain proof of purchase of E-Books.

YOUR OPTIONS

If you want to participate in the Actions and benefit from this Settlement and any later settlements or judgments, you do not need to do anything now. All persons in Canada who purchased E-Books from April 1, 2010 to September 22, 2014 are **automatically included**. You can provide your name and contact information to the Class Lawyers so we can provide further updates on the Actions to you and let you know once the Courts approve a plan to distribute the net Settlement Proceeds.

If you **do not want to participate in the Actions, or participate in the Settlement, you must exclude yourself** by completing and sending an Opt Out Form to the Class Lawyers by **September 22, 2014** (the "Opt Out Deadline"). Opt Out Forms are available at www.Ebooksettlement.ca or from the Class Lawyers. If you opt out, you will keep any right to bring your own lawsuit but will not receive the benefit of this or future settlements or any judgments in the Actions. If you do not opt out of the Actions by the Opt Out Deadline, you will be bound by the Settlement and will not be able to opt out of the Actions in the future.

To **comment on or object to the Settlement, you must write** to one of the Class Lawyers by **September 26, 2014**. Comments and objections will be provided to the Courts, but the Courts cannot change the terms of the Settlement.

DO I NEED TO PAY ANYTHING?

You do not need to pay anything out of your pocket. The plaintiffs and petitioners entered into contingency agreements with the Class Lawyers providing for payment of up to 1/3 of amounts recovered in the Actions and reimbursement of disbursements incurred to prosecute the Actions. The Courts will determine the amount to be paid to the Class Lawyers from the Settlement Proceeds.

HOW DO I CONTACT THE CLASS LAWYERS?

To ask questions about the Settlement or Actions, or register as an E-Book purchaser, contact:
• For British Columbia residents: Luciana P. Brasil of Branch MacMaster LLP care of uherlev@brnmac.com
• For Quebec residents: Normand Painchaud of Sylvestre Fafard Painchaud care of e.josse@sfpavocats.ca
• For all others: Heather Rumble Peterson of Sutts Strosberg LLP care of ebooks@strosbergco.com

This Notice is a summary. For more information about the Settlement or to read the settlement agreement, please visit www.Ebooksettlement.ca or contact the Class Lawyers.

LET IT BE ... EATEN BY BEETLES

1 Star Trek Dad. A Vancouver dad is selling his custom 1978 GMC van — a shrine to Star Trek — on eBay. It's airbrushed with stunning imagery from ST, and the interior has diamond-quilted red velvet. Seems the Dad has to "shrink the family vehicle stable" due to "two small boys and no time." Some single dude is bound to scoop it up for his Trekkies, er, treks, across Canada.

2 Spontaneous Combustion, eh? An Edmonton man staying at a relative's house suffered second degree burns to his body after waking up on fire Saturday morning. The man and family witnesses suggest it was a case of spontaneous combustion. The police are investigating, but one thing's for sure: This gives new meaning to the expression, "He's on fire!"



THE METRO LIST
Neil Morton

metronews.ca

3 Ikea Adopt a Dog. As part of a charitable initiative, select Ikeas are placing life-size cardboard cut-outs of dogs in some of their display rooms. This allows consumers to envision what a room could look like with a dog in it, and encourage them to consider adopting a homeless pet. Just don't leave Ikea meatballs on the coffee table or Rover will eat 'em!

4 Star Wars Minecraft. Grahame Skeavington is recreating Star Wars, shot for shot, within Minecraft — and he says the final version will be ready (for free) in 2015. He released a teaser trailer this week to YouTube that went viral. Skeavington has been working on this project for three years. He has given new meaning to

"project." My projects last mere minutes.

5 Design A Doughnut. Tim Hortons has launched a new Dueling Donuts contest. You pick the base, filling, sprinkles and toppings, and then submit it with a clever name and selling points. The winner gets \$10,000. I submitted mine, and I won't give it away until it hopefully advances to the next round. You have until Aug. 1 to enter yours at timhortons.ca.

6 New iPad, Broken iPad. Twitter user Serena tweeted her excitement about getting a new iPad — "FINALLY GOT MY IPAD" — but two hours later, she dropped it down the stairs. And it shattered. And she tweeted out in expletives her profound disappointment. They got picked up and went viral. The lesson here is: Don't Drop Your iPad. But if you do, tweet it and it might go viral.

7 Beetles Kill Beatles tree. In a cruel twist of fate, a pine tree planted 10 years ago in honour of Beatles songwriter George Harrison has been killed by beetles. Seems there was an infestation of these insects at a living local monument for him in L.A. Now a new tree will be planted.

TURD-WORLD PROBLEMS



A guide speaks about a sewer processing system to young visitors wearing hats made to look like feces at an exhibition at the National Museum of Emerging Science and Innovation in Tokyo, on Thursday. The exhibition, aimed at children, focuses on the idea of 'what an environmentally friendly toilet is' and the effects human waste has on the environment. SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

Poopyheads get flushed down Toilet!? and break poo taboo

A new exhibit at a Tokyo museum is all about crap.

The "Toilet!?" Human Waste & Earth's Future" display at the National Museum of Emerging Science and Innovation (Miraikan) is all about poop, the bathroom throne and the importance of the potty. Children can put on poo-shaped brown hats and slide down a giant toilet slide. You too can become feces!" a sign for the

exhibit boasts.

But the potty-themed exhibit has a serious purpose — it calls attention to the startling fact that 2.5 billion people around the world do not have access to clean and sanitary toilets.

Guests are encouraged to learn about different kinds of human excrement, how toilets function in space and the inner-workings of the sewage system.

"People usually look away when it comes to toilets and feces, but you cannot see problems with this kind of attitude," museum staffer Tami Sakamaki told Agence France-Presse. NYDAILYNEWS.COM

Dirty talk

"The idea is to raise consciousness about these problems. Even if they are dirty things, it is important to talk about them openly."

Tami Sakamaki, museum staffer, on the Toilet!?" exhibit, which is on until Oct. 5

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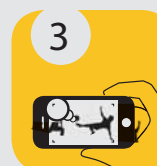
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2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
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MetroTube

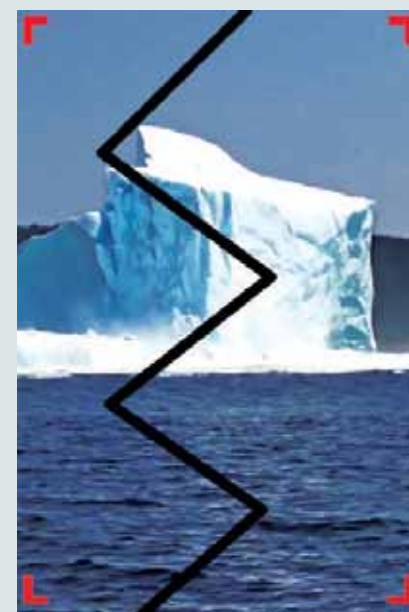
Ice melting



ANDREW FIFIELD
andrew.fifield@metronews.ca

The coast of Newfoundland has been, to use local parlance, "maggoty" with icebergs this summer. And until a glacial Batman started making the rounds online this week, this arched ice island was the biggest celebrity of them all.

Well, brace for bad news, berg fans. The arch, while inarguably lovely, wasn't exactly architecturally sound — a startling lesson learned by Rick and his wife from an uncomfortably close distance. (rickstead/YouTube)



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Lucy should stick to thrills

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Morgan Freeman and Scarlett Johansson star in *Lucy*, which opens this weekend. CONTRIBUTED

Synopsis

Lucy (Scarlett Johansson) begins the story "just like you: vulnerable, uncertain, frightened of death," but when the bag of drugs some very bad people "slipped into her lower tummy" bursts, her life is changed forever. She doesn't overdose. Instead the drug expands her mind to 10 times the usual capacity. She becomes a turbo-charged human who can change her appearance and move objects with her mind. She contacts a world-famous neuroscientist (Morgan Freeman) to pass along her newfound knowledge, but not before unleashing the power of her mind on the baddies who got her into this mess.

- Richard: ●●●●●
- Mark: ●●●●●

AUGMENTED REALITY

→ Lucy is expected to be a massive summer hit. Scan this photo with your Metro News app to watch a clip of her speeding through Paris.



→ See the full instructions on Metro's Voices page.

Don't stop the action!

Pseudoscience, dime-store spirituality and Morgan Freeman lectures bog down what could be a fun summer action flick

Richard: Mark, *Lucy* is a different style of movie, the philosophical action movie. The philosophy is all mumbo-jumbo but that doesn't matter because the film is filled with many enjoyable scenes.

Imagine a mix of *Limitless*, *La Femme Nikita* and *The Matrix* run through Luc Besson's absurd style

of moviemaking and you get the idea of what this movie is all about. What did you make of it?

Mark: The movie is great when it remembers it's a thriller but when the pseudoscience and dime-store spirituality takes over, it becomes oppressive.

I always can depend on Besson for brisk pacing but he slows it all down for a series of lectures — literally, with Morgan Freeman narrating his part as seems to be his custom now.

RC: Freeman is one of two top-billed stars in this movie, but his part could have been played by almost

anyone. The movie really belongs to Scarlett Johansson, who starts off as a bubbly party girl and ends the movie as the keeper of the secrets of the universe.

It's a bit of a stretch, but if you can wade through the silly scientific theories, there are some great scenes that are more fun than a barrel of neuroscientists.

In one fight scene, all the bad guys have knives and guns while Johansson taps into her inner Jedi Knight to defeat them without raising her hand.

That sequence alone is worth sitting through the entire 80-minute running time.

MB: I liked lots of scenes in

the movie, especially at the beginning when Johansson realizes how much trouble she's in.

Afterward she's a bit of an automaton but a very hot one. And what did you think of the trippy psychedelic visuals and time travel revelations toward the end?

RC: You mean the Terrence-Malick-by-way-of-Stanley-Kubrick tribute?

I don't want to give away anything, but with a movie as loopy as this one, I don't think it's a spoiler to say that there is some wild time travel back to the beginning of time.

I guess it's an attempt to add some profundity to the story, but it plays more like

a Philosophy 101 student on an acid trip.

MB: Loopy is right, Richard, maybe even crazy.

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2 SCENE

That lovely instance when two talents collide

A Most Wanted Man.

Willem Dafoe recounts working with Philip Seymour Hoffman on what was the final performance of his life

Willem Dafoe and Philip Seymour Hoffman finally shared the screen in the tense political thriller *A Most Wanted Man*, a collaboration between two celebrated actors made heavier in gravitas given that it was the final performance of Hoffman's career.

Combined, the pair accumulated one Oscar win and another five nominations. The two actors — mutually gifted with a screen-gripping intensity and a pliable talent that could fit a panoramic variety of roles — had over the years visited one another's stage performances and clearly shared a reciprocal admiration before Hoffman's death of a drug overdose in February.

But as Dafoe does the pro-



Philip Seymour Hoffman and Willem Dafoe pose with other cast and crew from *A Most Wanted Man* at the Sundance Film Festival earlier this year. THE CANADIAN PRESS

motional rounds for *A Most Wanted Man*, which opens in Canada today, he acknowledged some discomfort in answering questions about his late co-star.

"I don't know what to say ... it's an enormous tragedy that he died," said the thoughtful Dafoe in a recent telephone interview.

"I didn't know him person-

ally that much, although we knew each other's work.

"It's a tragedy. I can't think of someone that's going to fill his shoes. He was very particular and an actor I admired."

He did it for the director

Dafoe's interest in *A Most Wanted Man* was largely stoked by the presence of director Anton Corbijn, the Dutch auteur who began in photography, veered through music-video direction and finally into feature films. Dafoe knew Corbijn already for his work as

a still photographer and then was wowed by Corbijn's Joy Division biopic "Control." And Dafoe says the uncompromising efficacy Corbijn developed as a photographer served him well onset. "He's very clear and strong-willed," Dafoe said. "He's quite intense."

Adapted from a John le Carré novel, the twisty *A Most Wanted Man* casts Hoffman as the bedraggled head of a secret anti-terrorism team in Hamburg, the city where the 9-11 attacks were planned.

Soon, a young immigrant named Issa Karpov (Grigoriy Dobrygin) materializes in tenuous condition, his body wracked by torture. As it turns out, Issa has claims to a massive inheritance, but can't access it because authorities have classified him as an escaped military jihadist. Rachel McAdams plays a hungry young human-rights lawyer who takes up his cause, while Dafoe is the shifty head

of the bank holding his funds.

With a starry cast that also includes Daniel Bruhl and Robin Wright, Hoffman is unquestionably the lead — a hard-living, flinty-eyed political chess-master whose patient approach frustrates local authorities.

And it was, in fact, Hoffman's patience as an actor that stood out to Dafoe.

"When you have a role that's well-drawn and you're the centre of the movie, you can be patient. He knows how to do that," he said. "He didn't push things. He was very present and he really received and became the role."

THE CANADIAN PRESS

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Manimal. Will Ferrell to bring short lived '80s TV series to the big screen



Manimal, a TV series from the '80s, followed a rich lady's man with a secret — he could morph into animals. AFP

Manimal, the TV series that was cancelled after one season in 1983, is set to be adapted for the silver screen.

Just like Bruce Wayne, Dr. Jonathan Chase is a rich lady's man with a secret: he can change into any animal he wants (he prefers black panthers and hawks).

Two years ago, Sony bought the rights to the series, which hadn't been as

successful as expected at the time. Now, however, it could benefit from the surge of popularity animals are currently experiencing on TV and in films.

Will Ferrell and Adam McKay, who have worked together on *Anchorman 2*, *The Other Guys* and *Step Brothers*, will produce the film adaptation.

They will be working with

the original series' co-creator, Glen A. Larson (*Knight Rider*, *Magnum*), while Jay Martel and Ian Roberts will be in charge of the script. The scriptwriters are currently working on *Get Hard* starring Ferrell.

The film will feature both real-life footage and animation. No release date has been announced yet.

AFP

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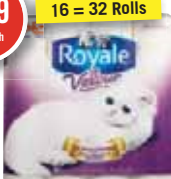
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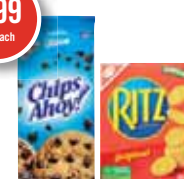
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These directors refuse to say 'cut'

Working in the twilight. Eastwood and Allen are just two filmmakers still putting out work late in life

Visiting a retired Frank Capra at his Sierra Nevada hideaway, Clint Eastwood was baffled.

"I always thought: He could be making a film right now. He's as lucid as could be. Here's the great Frank Capra not doing it," Eastwood recalled of the famed director, who died in 1991 at 94, three decades after his last film. "I always thought, 'I wonder why that is?'"

Eastwood, who at 84 just released the musical *Jersey Boys* and wrapped shooting on the Navy SEAL drama *American Sniper*, isn't the only filmmaker blowing past conventional retirement age. This Friday, Woody Allen, 78, will, like clockwork, release his latest, the French Riviera romantic comedy *Magic in the Moonlight*. He's also



Despite being 84 years old, Clint isn't giving up the director's chair any time soon. THE ASSOCIATED PRESS

already on to the next one, shooting in Rhode Island this summer.

In June came *Venus in Fur*, from 80-year-old Roman Polanski. And in May, 83-year-old Jean-Luc Godard, the

perpetual enfant terrible, premiered his 3D *Goodbye to Language* at the Cannes Film Festival.

Both European iconoclasts remain as mischievous in old age as Allen and Eastwood

have been steadfast. Polanski's film is a gloriously comic, self-referential gender play. Godard's film — in which his dog played a starring role — was more experimental than most 25-year-olds would

dare. It was greeted in Cannes by an audience member's cry: "Godard forever!"

At a time when literary giants like Philip Roth, 81, and Alice Munro, 83, have quit their craft, many of

Long-lived directors

Film history is littered with directors who worked well past retirement age. Akira Kurosawa, Sidney Lumet and Robert Altman all worked into their 80s, producing fine films: Altman's *Gosford Park*, Kurosawa's *Dreams*, Lumet's *Before the Devil Knows You're Dead*.

cinema's auteurs have stubbornly persisted, while at the same time churning out frequently acclaimed, often vibrant films in a youth-driven industry.

"In Hollywood there is that kind of hackneyed, commercial thinking where they think, 'Oh, this guy is over the hill, this guy can't direct that kind of picture,'" says Allen. "But the truth of the matter is that in my lifetime, there have been many directors like John Ford, John Huston, Billy Wilder who were wonderful as they got older and they made sometimes better pictures than they made when they were younger."

THE ASSOCIATED PRESS

Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com. Ratings: Certified Fresh: 🍅 Fresh: 🍅 Rotten: 🍅 Audience response: 🍅 Audience anticipation for the film: +

Action & Adventure



Hercules

Director. Brett Ratner

Stars. Dwayne 'The Rock' Johnson

Hercules, starring Dwayne Johnson, is based on Radical Comics' Hercules by Steve Moore. This ensemble action film is a revisionist take on the classic myth, Hercules. The epic action film also stars Golden Globe winner Ian McShane, Rufus Sewell, Joseph Fiennes, Peter Mullan and Academy Award-nominee John Hurt.

Rotten Tomatoes™ score
Critics: 🍅 67% Audience: + 96%

Romance/Comedy



And So It Goes

Director. Rob Reiner

Stars. Michael Douglas, Diane Keaton

There are a million reasons not to like realtor Oren Little (Michael Douglas), and that's just the way he likes it. Wilfully obnoxious to anyone who might cross his path, he wants nothing more than to sell one last house and retire in peace and quiet — until his estranged son suddenly drops off a granddaughter (Sterling Jerins) he never knew existed and turns his life upside-down.

Rotten Tomatoes™ score
Critics: 🍅 40% Audience: 🍅 78%

Mystery/Suspense, Drama



A Most Wanted Man

Director. Anton Corbijn

Stars. Philip Seymour Hoffman, Rachel McAdams

When a half-Chechen, half-Russian, brutally tortured immigrant turns up in Hamburg's Islamic community to claim his father's ill-gotten fortune, both German and U.S. security agencies take a close interest. The race is on to establish this most wanted man's true identity: oppressed victim or destruction-bent extremist?

Rotten Tomatoes™ score
Critics: 🍅 88% Audience: + 94%

Drama/Comedy



Wish I Was Here

Director. Zach Braff

Stars. Zach Braff, Kate Hudson, Mandy Patinkin

Director Zach Braff's follow-up to his indie breakout hit *Garden State* tells the story of a 30-something man who finds himself at a major crossroads, forcing him to examine his life, his career, and his family.

Rotten Tomatoes™ score
Critics: 🍅 41% Audience: 🍅 76%

Action & Adventure



Earth to Echo

Director. Dave Green

Stars. Teo Halm, Astro

Tuck, Munch and Alex are a trio of inseparable friends whose lives are about to change. Their neighbourhood is being destroyed by a highway construction project that is forcing their families to move away. But before the boys begin receiving strange signals on their phones. Convinced something bigger is going on, they team up with another school friend, Emma, and set out to look for the source of their phone signals.

Rotten Tomatoes™ score
Critics: 🍅 55% Audience: 🍅 63%

Drama



Third Person

Director. Paul Haggis

Stars. Mila Kunis, Olivia Wilde

Third Person tells three stories of love, passion, trust and betrayal, in a multi-strand story line reminiscent of Paul Haggis's earlier Oscar-winning film *Crash*. The tales play out in New York, Paris and Rome: three couples who appear to have nothing related but share deep commonalities: lovers and estranged spouses, children lost and found.

Rotten Tomatoes™ score
Critics: 🍅 22% Audience: 🍅 43%

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 25 TO THURS., JULY 31. TIMES ARE SUBJECT TO CHANGE.

**Bytowne Cinema
325 Rideau St.**

Fed Up (G) Sun 1:45 Mon 4:45
The Lunchbox (PG) Fri 4:30 Sat 2:01
Sun 4:05
A Most Wanted Man (14A) Fri 6:50
Sat 4:20-9:25 Sun 6:20 Mon 9:15
Tue-Wed 6:50 Thu 4:15
Under the Skin (14A) Wed 4:30
Thu 9:10
Wish I Was Here (14A) Fri 9:30 Sat
6:59 Sun 8:55 Mon 6:55 Tue 4:30-
9:25 Wed 9:25 Thu 6:50

**Canadian Museum
of nature
240 McLeod St.**

Penguins 3D (STC) Fri-Thu 10:30-
1:10-3:40 Fri-Thu 11:15-1:50
The Ultimate Wave Tahiti 3D (STC)
Fri-Thu 12-2:30 Fri-Thu 12:35-3:05

**Coliseum Ottawa
3090 Carling Ave.**

22 Jump Street (14A) Fri-Sat 1:30-
4:35-7:20-10 Sun 4:35-7:20-10
Mon-Tue 1:30-4:35-7:20-10 Wed
1:30-4:35-10 Thu 1:30-4:35-7:20-10
Begin Again (14A) Fri-Wed 1:40-
4:20-6:55-9:50 Thu 1:40-4:20
Dawn of the Planet of the Apes (PG)
Fri-Thu 1-4
Dawn of the Planet of the Apes 3D
(PG) Fri-Thu 7-10:15
Guardians of the Galaxy 3D (PG)
Thu 7-10
Hercules 3D (PG) Fri-Sun 12:30-3-
5:30-8-10:30 Mon-Thu 12:40-3-
5:30-8-10:30
How to Train Your Dragon 2 (PG)
Fri-Thu 12:40-3:40-6:30
Lucy (14A) Fri-Wed 1:50-4:40-7:30-
10 Thu 3:35-5:50-7:30-8:15-10-10:30
Fri-Sat 1:10-3:30-5:50-8:15-10:40
Sun-Wed 1:10-3:30-5:50-8:15-10:30
Thu 1:50-4:40 Star & Strollers
Screening, Thu 1
Maleficent (PG) Fri-Thu 1:20-4:10
Maleficent 3D (PG) Fri-Thu 6:50-
9:30
Monty Python and the Holy Grail
(14A) Wed 7:30
Monty Python's Life of Brian (R)
Sun 12:45
Planes: Fire & Rescue (G) Fri-Thu
12:45
Planes: Fire & Rescue 3D (G) Fri-
Thu 2:55-5:05-7:10-9:25
The Purge: Anarchy (14A) Fri-Thu
2:20-4:55-7:40-10:10
Sex Tape (14A) Fri-Thu 12:50-3:20-
5:40-8-10:20
Transformers: Age of Extinction
(PG) Fri-Thu 2:10-6:10-9:40
X-Men: Days of Future Past (PG)
Fri-Thu 9:20

**Mayfair Theatre
1074 Bank St.**

Back to the Future (PG) Sat 11:30
Back to the Future Part II (STC)
Sat 1:45
Back to the Future Part III (STC)
Sat 4
Begin Again (14A) Fri 6:45 Sat 4:15
Thu 4:30
The Birder (STC) Thu 7
Chef (14A) Fri 4:15 Sun 6:30 Mon-
Tue 4 Wed 6:30
Locke (14A) Mon-Tue 8:45 Wed 9
Samanala Sandhwayiya (STC) Sun 3
Saturday Night Sinema (STC) Sat
10:45
Video Games: The Movie (G) Fri 9
Sun 9 Mon-Tue 6:30 Wed 4:15 Thu
9:30
The Wind Rises (PG) Sun 1

**Rainbow Cinemas
St. Laurent Centre,
1200 St. Laurent Blvd.,**

Captain America: The Winter Sol-
dier (PG) Fri-Thu 10:05-7:30
Chef (14A) Fri-Thu 1:10-9:10
Earth to Echo (PG) Fri-Thu 10:15-
12:20-2:35-7
The Grand Seduction (PG) Fri-Thu

6:50-9:15
Jersey Boys (14A) Fri-Sat 10:30-
3:40-6:30 Sun-Mon 3:40 Tue 10:30-
3:40-6:30 Wed 3:40 Thu 10:30-3:40-
6:30 Open Captioned Sun-Mon
10:30-6:30 Open Captioned Wed
10:30-6:30
The Love Punch (PG) Fri-Thu
10:40-4:10-6:40
Million Dollar Arm (PG) Fri-Thu
1-8:50
Mr. Peabody & Sherman (G) Fri-Thu
12:45-2:55-5:10
Rio 2 (G) Fri-Thu 10-12:10-2:25-
4:40
Think Like a Man Too (PG) Fri-Thu
4:35-9:05

**South Keys
2214 Bank St.**

22 Jump Street (14A) Fri 11:15-1:55-
4:40-7:15-9:50 Sat 1:25-4:40-7:15-
9:50 Sun-Wed 11:15-1:55-4:40-7:15-
9:50 Thu 11:15-1:55
Dawn of the Planet of the Apes (PG)
Fri-Thu 11-2:10
Dawn of the Planet of the Apeas 3D
(PG) Fri-Thu 5:10-8:15
Guardians of the Galaxy 3D (PG)
Thu 7-10
Henry IV, Part I (STC) Sat 12:30
Hercules 3D (PG) Fri-Thu 12-2:30-
5-7:30-10
Hotel Transylvania (PG) Sat 11 Wed
12:30
How to Train Your Dragon 2 (PG)
Fri-Thu 10:50-1:30
How to Train Your Dragon 2 3D
(PG) Fri-Thu 4-6:40
Jersey Boys (14A) Fri 12:10-3:20-
6:45-9:40 Sat 3:50-6:45-9:40 Sun-Tue
12:10-3:20-6:45-9:40 Wed 3:20-6:45-
9:40 Thu 12:10-3:20-6:45-9:40
Lucy (14A) Fri-Thu 10:30-12:45-3-
5:20-7:40-10:05
Maleficent (PG) Fri-Thu 10:45-1:10-
4:10-7:05-9:30
Monty Python Live (Mostly) (STC)
Thu 6:30
Planes: Fire & Rescue (G) Fri-Thu
10:40-12:40
Planes: Fire & Rescue 3D (G) Fri-
Thu 2:45-4:50-7-9:10
The Purge: Anarchy (14A) Fri-Thu
11:45-2:20-4:55-7:25-9:55
Sex Tape (14A) Fri-Thu 10:35-12:50-
3:10-5:25-7:45-10:10
She's Dating the Gangster (STC) Fri-
Thu 11:10-1:50-4:30-7:10-9:45
Tammy (14A) Fri-Thu 9:15
Transformers: Age of Extinction 3D
(PG) Fri-Wed 10:25-2-5:30-9 Thu
10:25-2

**Canadian Museum
of civilization
100 rue Laurier,**

D-Day: Normandy 1944 3D (STC)
Fri 3-6 Sat 3-8 Sun 12-6 Mon 3-8
Tue 2-7 Wed 3-8 Thu 1-8
Destination Pacific Sud 3D (STC)
Mon 1 Tue 4 Wed-Thu 1
La Destination ultime 3D (13+)
Fri-Sat 4
Jour-J Normandie 1944 3D (STC) Fri
7 Sat 6 Sun 4 Tue 8 Wed 4 Thu 6
Journey to the South Pacific: An
IMAX 3D Experience (STC) Fri 11
Sat 12 Sun 3-7 Mon 12-6 Tue-Wed
12 Thu 12-7
Pandas: The Journey Home 3D
(STC) Fri 12-2-5 Sat 11-2-5-7 Sun
11-2-5 Mon 4 Tue 1-6 Wed 6 Thu 4
Fri 1-8 Sat-Sun 1 Mon 11-2-5-7 Tue
11-3-5 Wed-Thu 11-2-5-7

**Cinéma des
Galeries d'Aylmer
400 boul. Wilfrid-Lavigne**

Les avions: les pompiers du ciel (G)
Fri-Thu 3
Dawn of the Planet of the Apes (G)
Fri-Wed 12:40-3:20-6:40-9:20 Thu
12:40-3:20
Guardians of the Galaxy 3D (G) Thu
7-9:40
Hercules 3D (STC) Fri-Thu 12:50-
3:10-6:50-9:10
Planes: Fire & Rescue (G) Fri-Thu

1-7-9
The Purge: Anarchy (13+) Fri-Thu
1:10-3:30-7:10-9:30

**Gatineau 9
120 boul. de l'Hôpital**

22 Jump Street (13+) Fri-Thu 3:30-
6:50-9:25
Les avions: les pompiers du ciel (G)
Fri-Thu 3-9:10
Les avions: les pompiers du ciel 3D
(G) Fri-Thu 12:30-7
Dragons 2 (G) Fri-Thu 1
Film osé (16+) Fri-Thu 1:20-3:50-
7:30-9:45
Les gardiens de la Galaxy 3D (G)
Thu 7-9:30
Hercule (STC) Fri-Thu 3:20-9:20
Hercule 3D (STC) Fri-Thu 1:05-7:05
L'auë de la planète des singes (G)
Fri-Thu 3:10-9:25
L'auë de la planète des singes 3D
(G) Fri-Thu 12:20-6:45
Lucy (13+) Fri-Thu 1:10-3:40-7:20-
9:35
La purge: anarchie (13+) Fri-Thu
1:15-3:45-7:10-9:30
Transformers: l'ère de l'extinction
(G) Fri-Wed 9
Les vacances du petit Nicolas (G)
Fri-Sat 11-12:50-3:05-6:45 Sun-Wed
11 Thu 12:50-3:05
Le vrai du faux (G) Fri-Thu 12:45-
3:15-7:15-9:40

StarCité Hull

115 boul. du Plateau

22 Jump Street (13+) Fri-Sun 12:20-
2:55-5:30-8:05-10:40 Mon 2:30-5:05-
7:40-10:15 Tue 12:20-2:55-5:30-8:05-
10:40 Wed 2:55-5:30-8:05-10:30 Thu
2:30-5:05
Les avions: les pompiers du ciel (G)
Fri 12:15-12:45 Sat 11-12:45 Sun
12:15-12:45 Mon 1:55 Tue-Wed
12:15-12:45 Thu 1:05-1:55
Les avions: les pompiers du ciel 3D
(G) Fri-Sun 3:30-5:40-7:50-10 Mon
4-6:05-8:10-10:10 Tue-Wed 3:30-
5:40-7:50-10 Thu 4-6:05-8:10-10:10
Dawn of the Planet of the Apes (G)
Fri-Sun 1:15-4:15-7:15-10:15 Mon
1:25-4:15-7:10-10 Tue-Wed 1:15-
4:15-7:15-10:15 Thu 4:15-7:10-10
Star & Strollers Screening Thu 1:25
Dragons 2 (G) Fri 1-3:30-5:50 Sat
11:30-1-3:30-5:50 Sun 1-3:30-5:50
Mon 3:20-5:40 Tue 1-3:30-5:50 Wed
12:40-3:30-5:50 Thu 1-3:20-5:40
Film osé (16+) Fri-Sun 12:30-2:50-
5:10-7:30-9:50 Mon 2:35-4:45-7:05-
9:20 Tue-Wed 12:30-2:50-5:10-7:30-
9:50 Thu 2:35-4:45-7:05-9:20
Les gardiens de la Galaxy 3D (G)
Thu 7:15-10
Guardians of the Galaxy 3D (G)
Thu 7:30-10:15
Hercule 3D (STC) Fri-Sun 12:15-
2:30-5-7:30-10 Mon 2:05-4:35-7:05-
9:35 Tue-Wed 12:15-2:30-5-7:30-10
Thu 2:05-4:35-7:05-9:35
Hercules 3D (STC) Fri-Sun 12:30-
3-5:30-8-10:30 Mon 2:35-5:05-7:35-
10:05 Tue-Wed 12:30-3-5:30-8-10:30
Thu 2:35-5:05-7:35-10:05
Hotel Transylvania (G) Sat 11 Wed
12:30
Hotel Transylvanie (G) Sat 11 Wed
12:30
L'auë de la planète des singes (G)
Fri-Sun 1-4-7-10 Mon 1:20-4:10-7-
9:55 Tue-Wed 1-4-7-10 Thu 4:10-7-
9:55 Thu 1
Lucy (13+) Fri 1:10-3:30-5:50-8:15-
10:40 Sat 11-1:10-3:30-5:50-8:15-
10:40 Sun 1:10-3:30-5:50-8:15-10:40
Mon 3:05-5:25-7:50-10:15 Tue
1:10-3:30-5:50-8:15-10:40 Wed 1:10-
3:30-5:50-8:15-10:30 Thu 7:50-10:15
Fri-Sun 12:40-3-5:20-7:45-10:10
Mon 2:35-4:55-7:20-9:45 Tue-Wed
12:40-3-5:20-7:45-10:10 Thu 3:05-
5:25 Thu 2:35-4:55-7:15-9:45
Planes: Fire & Rescue (G) Fri 12:15
Sat 11-12:15 Sun 12:15 Mon 1:25
Tue-Wed 12:15 Thu 1-1:25
Planes: Fire & Rescue 3D (G) Fri-
Sun 3-5:10-7:20-9:30 Mon 3:30-5:35-

7:40-9:40 Tue-Wed 3-5:10-7:20-9:30
Thu 3:30-5:35-7:40-9:40
The Purge: Anarchy (13+) Fri-Sun
2:20-4:55-7:30-10:10 Mon 1:55-4:30-
7:05-9:45 Tue-Wed 2:20-4:55-7:30-
10:10 Thu 1:55-4:30-7:05-9:45
Sex Tape (16+) Fri-Sun 1-3:20-5:40-
8-10:20 Mon 2:55-5:15-7:35-9:55
Tue-Wed 1-3:20-5:40-8-10:20 Thu
2:55-5:15-7:35-9:55
Tammy (13+) Fri-Sun 8:10-10:40
Mon 7:45-10:15 Tue 8:10-10:40 Wed
8:10-10:30 Thu 7:45-10:15
Transformers: Age of Extinction (G)
Fri-Sun 12:20-3:40-7-9:30 Mon 3:15-
6:35-9:05 Tue 12:20-3:40-7-9:30 Wed
3:40-7-9:30 Thu 3:15
Transformers: l'ère de l'extinction
(G) Fri-Sun 8:30 Mon 8:05 Tue-Wed
8:30 Thu 8:05
Les vacances du petit Nicolas (G)
Fri-Sun 1-3:25-5:50 Mon 3-5:25 Tue-
Wed 1-3:25-5:50 Thu 3-5:25
Le volcan (STC) Fri-Sun 12:20-2:35-
4:50-7:15-10:30 Mon 2:10-4:25-6:50-
10:05 Tue-Wed 12:20-2:35-4:50-
7:15-10:30 Thu 2:10-4:25-6:50-9:10

Barrhaven Cinemas

131 Riocan Dr.

22 Jump Street (14A) Fri-Thu 5:10-
7:40-10:10
Dawn of the Planet of the Apes 3D
(PG) Fri-Thu 1:35-4:35-7:30-10:20
Guardians of the Galaxy 3D (PG)
Thu 7:25-10:15
Hercules 3D (PG) Fri 2:30-5-7:30-
10 Sat 12-2:30-5-7:30-10 Sun-Thu
2:30-5-7:30-10
Hotel Transylvania (PG) Sat 11 Wed
12:30
How to Train Your Dragon 2 (PG)
Fri-Thu 1:40-4:20
How to Train Your Dragon 2 3D
(PG) Fri-Wed 6:50-9:30

Lucy (14A) Fri 3-5:20-7:45-10:10
Sat 12:40-3-5:20-7:45-10:10 Sun-
Wed 3-5:20-7:45-10:10 Thu 1-5:20-
7:45-10:10
Planes: Fire & Rescue (G) Fri 2:15
Sat 12:05-2:15 Sun-Thu 2:15
Planes: Fire & Rescue 3D (G) Fri-
Thu 4:30-7:15-9:25
Sex Tape (14A) Fri-Thu 2-4:15-7-
9:45
Transformers: Age of Extinction 3D
(PG) Fri-Thu 1:30

**SilverCity
2385 City Park Dr.**

22 Jump Street (14A) Fri 2:35-5:10-
7:45-10:35 Sat-Sun 12-2:35-5:10-
7:45-10:35 Mon-Tue 2:35-5:10-7:45-
10:35 Wed 2:35-5:20-10:35 Thu
2:35-5:10-7:45-10:35
And So It Goes (PG) Fri-Wed 2:05-
4:35-7:10-9:35 Thu 1:35-4:05-10:35
Dawn of the Planet of the Apes (PG)
Fri-Tue 1:30-4:30 Wed 4:30 Thu
1:30-4:30 Star & Strollers Screening
Wed 1
Dawn of the Planet of the Apes 3D
(PG) Fri-Thu 7:35-10:40
Edge of Tomorrow (PG) Fri-Thu
1:45-6:55
Guardians of the Galaxy: An IMAX
3D Experience (PG) Thu 7-10
Hercules 3D (PG) Fri-Thu 2:10-
4:40-7:15-9:45
Hercules: An IMAX 3D Experience
(PG) Fri 3-5:30-8-10:30 Sat-Sun
12:30-3-5:30-8-10:30 Mon-Wed
3-5:30-8-10:30 Thu 2:05-4:35
Hotel Transylvania (PG) Sat 11 Wed
12:30
How to Train Your Dragon 2 (PG)
Fri 2:20 Sat 11:50-2:20 Sun 11:55-
2:20 Mon-Thu 2:20
How to Train Your Dragon 2 3D
(PG) Fri-Thu 4:50
Lucy (14A) Fri-Tue 1:10-3:30-5:50-

8:15-10:40 Wed 1:55-4:20-10 Thu
1:10-3:30-5:50-8:15-10:40 Fri 2:40-
5-7:25-9:50 Sat-Sun 12:20-2:40-5-
7:25-9:50 Mon-Tue 2:40-5-7:25-
9:50 Wed 2:40-5-7:25-8:15-9:50
Thu 2:40-5-7:25-9:50
Maleficent (PG) Fri-Thu 4:25-9:40
Monty Python and the Holy Grail
(14A) Wed 7:30
Monty Python Live (Mostly) (STC)
Thu 6:30
Monty Python's Life of Brian (R)
Sun 12:45
Planes: Fire & Rescue (G) Fri 12:50
Sat 11:35-12:50 Sun 12:15-12:50
Mon-Thu 12:50
Planes: Fire & Rescue 3D (G) Fri
2:55-5-7:05-9:25 Sat 12-2:55-5-7:05-
9:25 Sun-Thu 2:55-5-7:05-9:25
The Purge: Anarchy (14A) Fri
2:15-4:55-7:30-10:10 Sat 11:45-2:15-
4:55-7:30-10:10 Sun-Thu 2:15-4:55-
7:30-10:10
Sex Tape (14A) Fri 1-2:25-3:20-
4:45-5:40-7-8:05-9:30-10:25 Sat
12:05-1-2:25-3:20-4:45-5:40-7-
8:05-9:30-10:25 Sun 12:10-1-2:25-
3:20-4:45-5:40-7-8:05-9:30-10:25
Mon-Thu 1-2:25-3:20-4:45-5:40-7-
8:05-9:30-10:25
Tammy (14A) Fri-Sat 12:55-3:15-
5:45-8:10-10:35 Sun 3:45-6:30-9
Mon-Wed 12:55-3:15-5:45-8:10-
10:35 Thu 1:55-4:20-7:20-9:55
Transformers: Age of Extinction
3D (PG) Fri 3:20-6:50-10:20 Sat
11:40-3:20-6:50-10:20 Sun 11:50-
3:20-6:50-10:20 Mon-Thu 3:20-
6:50-10:20
Wish I Was Here (14A) Fri 2:30-
5:05-7:50-10:30 Sat 11:55-2:30-5:05-
7:50-10:30 Sun-Thu 2:30-5:05-7:50-
10:30
X-Men: Days of Future Past 3D
(PG) Fri-Tue 7:20-10:25 Wed 10:05
Thu 10:25

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22 Jump Street (14A) Fri-Sun 1:05-3:50-6:30-9:30 Mon 1:05-3:50-6:30-9:15 Tue 1:05-3:50-6:30-9:30 Wed 1:05-3:50-6:30-9:15 Thu 1:05-3:50-6:30-9:50
Dawn of the Planet of the Apes (PG) Fri-Thu 3:45
Dawn of the Planet of the Apes 3D (PG) Fri-Thu 12:45-6:45-9:45
Get on Up (STC) Thu 8
Guardians of the Galaxy 3D (PG) Thu 7-10
Hercules (PG) Fri-Sun 10:45-4:15 Mon-Thu 4:15
Hercules 3D (PG) Fri-Sat 7:30-10:15 Sun 1:15-7:30-10:15 Mon 1:15-7:30-10 Tue 1:15-7:30-10:15 Wed 1:15-7:30 Thu 1:15-7:30-10 Fri-Sat 1:15 Wed 10
How to Train Your Dragon 2 (PG) Fri-Sun 10:30-12:15-3-6 Mon-Wed 12:30-3-6 Thu 12:30-3
Lucy (14A) Fri-Sun 1:30-4-7-10 Mon 1:30-4-7-9:30 Tue 1:30-4-7-10 Wed 1:30-4-7-9:30 Thu 1:30-4 Thu 7-9:30
Maleficent (PG) Fri-Sun 9:05 Mon 8:50 Tue 9:05 Wed 8:50
Planes: Fire & Rescue (G) Fri-Sun 11-3:30-6:50 Mon-Wed 3:30-6:50 Thu 3:30
Planes: Fire & Rescue 3D (G) Fri-Sun 10:45-1-8:45 Mon-Wed 1-8:45 Thu 1-6:50-8:45
The Purge: Anarchy (14A) Fri-Wed 12:55-4:10-7:15-9:50 Thu 12:55-4:10-6-9
Sex Tape (14A) Fri-Sun 1:20-4-20-7:10-10:10 Mon 1:20-4-20-7:10-9:45 Tue 1:20-4-20-7:10-10:10 Wed 1:20-4-20-7:10-9:45 Thu 1:20-4-20-

6:40-9:05
Tammy (14A) Fri-Sun 12:50-3:15-6:15-9:15 Mon 12:50-3:15-6:15-9:05 Tue 12:50-3:15-6:15-9:15 Wed 12:50-3:15-6:15-9:05 Thu 12:50-3:15
Transformers: Age of Extinction (PG) Fri-Thu 4:30
Transformers: Age of Extinction 3D (PG) Fri-Sun 12:30-9 Mon-Wed 12:40-9 Thu 12:40-9:15

Landmark Cinemas 24 Kanata & IMAX, 801 Kanata Ave.

22 Jump Street (14A) Fri-Thu 10:55-1:50-4:35-7:30-10:20
And So It Goes (PG) Fri-Thu 11:10-1:40-4:10-6:40-9:10
Begin Again (14A) Fri-Tue 11:25-2:10-4:55-7:40-10:25 Wed 10:25 Thu 11:25-2:10-7:40-10:25 Wed 11:25-2:10-4:55-7:40 Thu 4:55
Dawn of the Planet of the Apes (PG) Fri-Thu 11-2:10-5:20-8:30
Dawn of the Planet of the Apes 3D (PG) Fri-Wed 12:40-3:50-7-10:10 Thu 12:40-3:50
Edge of Tomorrow (PG) Fri-Wed 11:30-2:15-5-7:40-10:20 Thu 11:30-2:15-5 Thu 7:40-10:20
The Fault in Our Stars (PG) Fri-Thu 12:50-3:45
Get on Up (STC) Thu 8
The Grand Seduction (PG) Fri 12:45-3:35-6:20-9:50 Sat 3:35-6:20-9:50 Sun-Thu 12:45-3:35-6:20-9:50 Sat 12:45
Guardians of the Galaxy 3D (PG) Thu 7:30-10:30
Guardians of the Galaxy: An IMAX 3D Experience (PG) Thu 7-10
Hercules (PG) Fri-Thu 10:30-1:05-3:40-6:15-8:50
Hercules 3D (PG) Fri-Thu 11:15-1:50-4:25-7-9:35 Fri-Wed

12:10-2:45-5:20-7:55-10:30 Thu 12:10-2:45
How to Train Your Dragon 2 (PG) Fri-Thu 10:30-1:30-4:10
How to Train Your Dragon 2 3D (PG) Fri-Thu 6:50-9:30
Jersey Boys (14A) Fri-Thu 6:40-9:55
Kick (STC) Fri-Wed 11:50-3:10-6:30-9:50 Thu 6:30-9:50 Thu 11:50-3:10
Lucy (14A) Fri-Tue 10:35-11:40-1-2:05-3:25-4:30-5:50-6:55-8:15-9:20-10:30 Wed 6:55-8:15-9:20-10:30 Thu 10:35-11:40-1-2:05-3:25-4:30-5:50-6:55-8:15-9:20-10:30 Wed 10:35-11:40-1-2:05-3:25-4:30-5:50 Maleficent (PG) Fri-Thu 11:10-1:45-4:30-7:10-9:50
Planes: Fire & Rescue (G) Fri-Wed 11:20-1:50-4:20-6:45-9:05 Thu 11:20-1:50-4:20 Thu 6:45-9:05
Planes: Fire & Rescue 3D (G) Fri-Thu 11:50-2:20-4:50-7:15-9:35
The Purge: Anarchy (14A) Fri-Thu 11:10-2:10-4:50-7:30-10:10
Sex Tape (14A) Fri-Sat 10:30-11:50-1:10-2:35-3:40-5:05-6:30-7:35-9-10:05 Sun 10:30-11:50-1:10-2:35-3:40-5:05-6:30-7:35-9 Mon 9 Tue 10:30 Wed-Thu 10:30-11:50-1:10-2:35-3:40-5:05-6:30-7:35-9-10:05 Sun 10:05 Mon 10:30-11:50-1:10-2:35-3:40-5:05-6:30-7:35-10:05 Tue 11:50-1:10-2:35-3:40-5:05-6:30-7:35-9-10:05
Tammy (14A) Fri-Tue 11:50-2:35-5:05-7:40-10:15 Wed 11:50 Thu 11:50-2:35-5:05-7:40-10:15 Wed 2:35-5:05-7:40-10:15
Transformers: Age of Extinction (PG) Fri-Thu 10:45-2:20
Transformers: Age of Extinction 3D (PG) Fri-Thu 5:55-9:30
X-Men: Days of Future Past (PG) Fri-Wed 12:35-3:45-6:55-10:05 Thu 12:35-3:45

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Bieber pops a wheelie puzzling stunt at Disneyland



NED
EHRBAR
Metro World News in Hollywood

Justin Bieber had fans scratching their heads during a recent trip to Disneyland when he was seen being pushed around in a wheelchair — leading some to speculate he was looking to cut lines at the more popular rides. For once, Bieber's people and I are on the same page because that's just plain ridiculous. As they explained

to TMZ, he wouldn't need to worry about lines because Disney staff were already on hand to help him cut the lines anyway like any normal famous person. The wheelchair, they say, was because Bieber was nursing a basketball injury, though he was seen the day before and after in L.A. carrying his own weight just fine. But they go too far with their explanation of the lad's odd behaviour by saying he "only sat in the wheelchair for a few moments," since fan photos and videos from throughout the day tell a different story. It's OK, Justin. Sometimes I don't feel like walking when I'm getting a free, all-access, line-hopping tour of the Happiest Place on Earth either. I understand. Walking's hard, man.



Lana Del Rey

Lana's pet peeve? Not being able to sleep her way to a record deal

Lana Del Rey is causing a stir again, claiming her controversial new song F—ed My Way to the Top is at least partially true. "You know, I have slept with a lot of guys in the industry. But none of them helped me get my record deals. Which is annoying," she tells Complex magazine. Also annoying? How much people criticize her, though with this new album she insists she's more prepared than last time. "That gold and platinum stuff, it doesn't mean as much if you're walking down the street and you can hear people saying things about you. That doesn't even out," she says. "The good thing about catching so much grief from critics is that you literally do not f—ing care. It put me in a mind frame where I expect things not to go right, because they generally don't." You ... go, girl?

Is she or isn't she? Saldana keeps baby rumour mill spinning

Apparently those rumours about Guardians of the Galaxy star Zoe Saldana expecting a baby are true, but she won't confirm them just yet. And it looks like some publications have been getting mixed signals about exactly when that will be, as the Hollywood Reporter posted then promptly deleted a story claiming a rep for Saldana had confirmed the pregnancy. But another source tells Us Weekly that Saldana and husband Marco Perego are thrilled about the impending arrival.



Zoe Saldana ALL PHOTOS: GETTY IMAGES

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August 2014
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Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

Barbecue classic gets a saucy makeover



Once you marinate the meat, this recipe takes 30 minutes to make.
COURTESY RICARDOCUISINE.COM

Flank Steak with Chimichurri Sauce.
Your marinade choice can make all the difference to flavour



RICARDO COOKS
Chef Ricardo
Ricardo Magazine

Basic steaks aren't too exotic, but that doesn't mean they can't impress.

For me, what separates the amateurs from the pros is little extras like a bright sauce or unexpected heat.

With this classic-with-a-twist, you're sure to become the new neighbourhood barbecue master.

Chimichurri

1. In a bowl, combine all the ingredients. Keep 1 cup (250 ml) in the refrigerator until serving.

Steaks

1. In a glass dish or sealable plastic bag, cover the flank steaks with the remaining Chimichurri sauce. Cover the dish or seal the bag and refrigerate for 12 to 24 hours.

2. Preheat the grill, setting the burners on high. Oil the grate.

3. Remove the steaks from the marinade and rub with

salt and pepper.

4. Grill steaks for about 5 minutes on each side depending on their size or until the desired doneness. Set aside on a plate and let rest for 5 minutes.

5. Slice thinly against the grain of the meat and drizzle with the reserved sauce. Serve with rice and slices of avocado drizzled with lime juice. Season with salt and pepper.

FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S UP-COMING ENGLISH EDITION LAUNCHING THIS SEPTEMBER!

Ingredients

Chimichurri

- 1/4 cup (60 ml) finely chopped shallots
- 1/4 cup (60 ml) chopped fresh oregano
- 1/4 cup (60 ml) chopped fresh cilantro
- 2 tbsp (30 ml) chopped parsley
- 1 tbsp (15 ml) chopped fresh thyme
- 1 tbsp (15 ml) finely chopped garlic
- 1 tbsp (15 ml) crushed red pepper flakes, or to taste
- 1/4 cup (60 ml) red wine vinegar
- 1 1/2 cups (375 ml) olive oil

Steaks

- 2 lb (1 kg) flank steak
- 1 tsp (5 ml) salt
- 1 tsp (5 ml) ground pepper

Liquid Assets

Won't you lighten up?



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

While I'm willing to pour a glass of anything no matter the weather, most red wine doesn't scream "thirst-quenching" at me after an hour of lawn mowing.

Though beer is a back deck staple, there are plenty of wines that can share that space.

My first choice this time of year is rosé. I love its fresh, berry goodness and bright pink colours, along with its ability to match with most food.

If you think rosé is a summertime cliché (and it isn't), look to countries where hot temperatures are more than seasonal — they're a way of life.

Portugal is a great example. It may be famous for its thick fortified wines, but come the warmer months everyone reaches for a glass of white Vinho Verde — a zippy wine with a touch of effervescence.

Styles vary and a wide variety is carried across Canada. Quinta da Aveleda's 2012 Vinho Verde (\$9.95 - \$12.99)

combines citrus, lime and soft, tropical fruit with a light fizz. Perfect as an aperitif or with salads and light seafood dishes.



PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Spicy Triple Burgers heat it up

1. Seasoning: In a bowl, combine all seasoning ingredients. Set aside.

2. Spicy Mayo: In a bowl, combine all mayo ingredients. Refrigerate.

3. Preheat grill, setting burners to high. Oil grate. Shape beef into 12 very thin patties.

4. Grill bacon until crisp. Grill burgers about 3 minutes per side or until meat is thoroughly cooked. Sprinkle with seasoning. One minute before the end

Ingredients

Seasoning

- 1 tbsp (15 ml) salt
- 2 tsp (10 ml) paprika
- 1 tsp (5 ml) dry mustard
- 1 tsp (5 ml) ground pepper
- 1 tsp (5 ml) onion powder
- 1/2 tsp (2 1/2 ml) garlic powder
- 1/2 tsp (2 1/2 ml) celery salt

Spicy Mayonnaise

- 1/2 cup (125 ml) mayonnaise

- 2 tsp (10 ml) chili powder
- 2 tsp (10 ml) Dijon mustard

Hamburgers

- 2 lb (675 g) lean ground beef
- 8 slices bacon
- 4 slices mozzarella cheese
- 4 hamburger buns
- 1 tomato, cut into thin slices
- 4 lettuce leaves

of cooking, place cheese slices on four patties. Toast buns.

5. Assembly: Spread mayo sauce on buns. Place meat



This recipe makes four servings. COURTESY RICARDOCUISINE.COM

topped with cheese on bottom buns. Add plain patties and garnish with tomatoes. Add

last patties. Layer with slices of bacon and lettuce. Cover with top buns. **RICARDO**

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Dangling karats: Cochrane nabs gold No. 1 in Glasgow

Canada's Ryan Cochrane competes in the fourth heat of the men's 400-metre freestyle at Tollcross International Swimming Centre during Day 1 of the Commonwealth Games on Thursday in Glasgow, Scotland. The Victoria native won the event in three minutes 43.46 seconds, 0.63 seconds ahead of Australia's David McKeon. He broke his own Canadian record, set at the 2008 Beijing Olympics.

QUINN ROONEY/GETTY IMAGES

Canadian Open

Putnam, Petrovic jump out to lead in Montreal

Michael Putnam and Tim Petrovic mastered the afternoon Montreal winds to shoot six-under-par 64s and take a share of the first-round lead at the \$5.7 million US RBC Canadian Open on Thursday.

But the surprise of the day was big-hitting amateur Taylor Pendrith of Richmond Hill, Ont., who shot five-under 65 for a share of third place with Kyle Stanley. **THE CANADIAN PRESS**



Richmond Hill, Ont., native Taylor Pendrith is a shot back of the lead after Round 1 at the Canadian Open. **THE CANADIAN PRESS**

NFL



"I got tired of being called the fat kid,

tired of hearing it on all these levels. I woke up one day and ran, literally. I outran asthma. My grades, I got them up. Anything that was against me, I found an answer."

New York Giants running back Rashad Jennings says he never made fun of the fat kid with asthma who couldn't keep up with everyone else, because he himself was that kid.

Stro sniffs no-no vs. Sox

MLB. Rookie right-hander twirls another gem as Blue Jays take series finale vs. Boston

Toronto Blue Jays manager John Gibbons couldn't help but worry just a little. Marcus Stroman had a no-hitter alive through six innings, but the prized 23-year-old prospect was up to 91 pitches in a game the Blue Jays were well on their way to winning.

Stroman's third pitch of the seventh inning and 94th of Thursday afternoon hit Shane Victorino's bat and landed in centre field for a bloop single. The sellout crowd of 46,683 applauded, while Gibbons could take a deep breath knowing he wouldn't have to make the impossible decision on whether or not to keep the young pitcher in the game.

Stroman ended up throwing seven innings of one-hit ball in an 8-0 victory over the Red Sox.



Blue Jays pitcher Marcus Stroman says a prayer before delivering the first pitch against the Red Sox on Thursday at Rogers Centre. **TOM SZCZEBOWSKI/GETTY IMAGES**

"I can't say that I'm glad he gave up a hit," Gibbons said, trailing off. "If this keeps going, you've got a young kid, you're trying to win a division and you keep throwing him out there over and over. I don't know if relieved is the word, but it didn't hurt. Sorry, Stro."

Stroman allowed just one

hit over seven innings to give the Blue Jays (54-49) not only an important win, but optimism about the future.

He improved to 6-2 with a 3.21 earned-run average, admittedly surpassing his own expectations in his rookie year.

"It's definitely been a ride so far," Stroman said. "But I'm not

AUGMENTED REALITY

→ Scan the image with your Metro News app for a look at the Jays' history of no-hit close calls.

→ See the full instructions on Metro's Voices page.



surprised. It's just all the hard work that goes into it and going out there having your game plan and attacking hitters. That's the biggest thing ... just attacking hitters and getting ahead in the count."

The Blue Jays' bats staked Stroman to a significant lead by beating up on Boston's Rubby De La Rosa (3-3), who gave up six earned runs on nine hits in four-plus innings. First baseman Juan Francisco (3-for-4 with 4 RBI) finished a double short of the cycle, and left-fielder Melky Cabrera drove in two more runs. **THE CANADIAN PRESS**

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—MARISOL BERTINO

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crossword and Sudoku answers.**
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→ See the full
instructions
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Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Your head may be full of ideas but not every one of them is practical, so don't get carried away. Tomorrow's new moon indicates great things, but you must take your time and think.

♉ Taurus

April 21 - May 21

Someone you like may say something hurtful about you today, but you must not let your friendship suffer. You are probably being a bit too sensitive for your own good.

♊ Gemini

May 22 - June 21

You have nothing to prove and everything to look forward to. Even if you don't quite believe it now you will over the weekend.

♋ Cancer

June 22 - July 23

If someone who doesn't normally pay you attention tells you what a great person you are, it's a sign they are after something. That something could be your approval.

♌ Leo

July 24 - Aug. 23

You may be inclined to believe that your recent run of good fortune will come to an end but nothing could be further from the truth. If anything your days will keep getting better.

♍ Virgo

Aug. 24 - Sept. 23

You may see enemies in every nook and cranny but most of them exist in your imagination only, so get a grip and start getting important things done.

♎ Libra

Sept. 24 - Oct. 23

You have a tendency to believe in yourself to such a degree that you think nothing can go wrong. You also need to recognize everyone has limits.

♏ Scorpio

Oct. 24 - Nov. 22

It's not like you to let others have the last word but it will pay you to do so today. Even if you can quite easily prove someone wrong, don't. They will remember it and harbour thoughts of revenge.

♐ Sagittarius

Nov. 23 - Dec. 21

Others will go out of their way to pick holes in your arguments over the next 24 hours. Ignore them. Having said that, be aware there may be something you have overlooked.

♑ Capricorn

Dec. 22 - Jan. 20

Resist the temptation to look at the world as if everything that happens is a disaster. Focus only on good news today and soon life will look grand again.

♒ Aquarius

Jan. 21 - Feb. 19

Mercury, planet of trickery, could mislead you into thinking you've got the best of a deal when others will profit more than you. Check the small print.

♓ Pisces

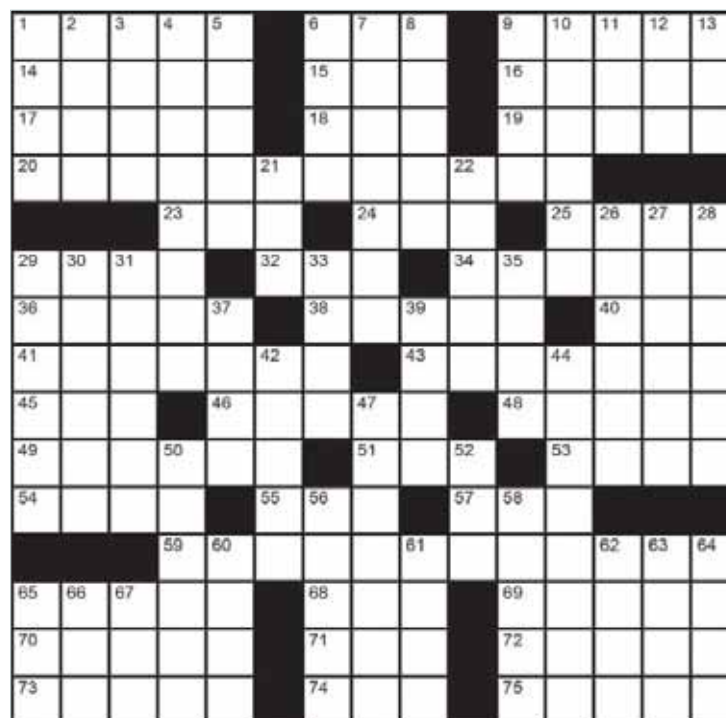
Feb. 20 - March 20

The more someone tries to coerce you into doing something you are not certain is in your best interests, the more you must resist.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Cling
6. Switch selection
9. Calgary neighbour-hood
14. Music 1985: "___ the World"
15. Rapa ___ (Easter Island)
16. Ms. Abdul
17. Font style
18. BCs-following dates
19. Accountant's review
20. Diamond Tooth Gerties ___ (Casino in Dawson City, Yukon)
23. Not 'twas
24. Lid's protectee
25. Univ. professor's speech
29. The Munsters' pet bat
32. Tilling tool
34. Canadian actress Mr. Grimes
36. Billionaire Bill
38. WWII Riveter
40. Heavy wts.
41. D-Sisive hit: "No-body with a ___"
43. Movie ___ (Canada's Richard Crouse, and others)
45. Toreador's taunt
46. War hit: "The ___ Kid"
48. Bristly hairs
49. Start from Page 1 again
51. Have
53. Ms. Rand's



54. Formerly, formerly
55. Australian bird
57. Road coat
59. Global TV: Series starring Canadian actress Rachelle LeFevre based on a Stephen King bestseller: 3 wds.
65. Air freshener brand

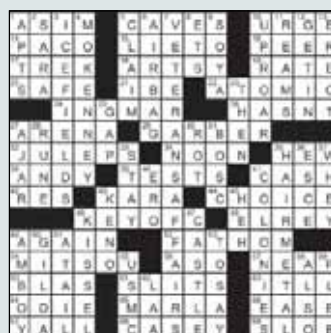
68. Morse 'T'
69. Porridge
70. Some humans
71. Past
72. Bits
73. Retro dance, The ___
74. DWTS judge
75. Comic actor David Down

1. Celebrity 'gifting suites' items, ___ bags
2. 'Trillion'-meaning prefix
3. "___ to please!"
4. ___ & Evelyn (Pampering products store)
5. Actress Ms. Giddish
6. Put ___ act (Pretend)

7. Canuck cookie, Christie ___
8. Like a sardine
9. October birthstone
10. 1967: "Vive le Quebec libre!" sayer, French President Charles de ___
11. Misfire
12. Yalie

13. Singer/pianist, ___ King Cole
21. 'Book' suffix
22. Group ruled by Odin
26. Being
27. Klondike-inspired song and dance show at #20-Across where this style of dance is performed
28. D'Urbervilles heroine, and namesakes
29. Snub
30. Ye olde prison guard
31. Aquatic mammals
33. Sequences [abbr.]
35. "Who does he think ___?!"
37. Pet rights org.
39. Bulk-carrying barge
42. Helped
44. In Serena Ryder's "Circle of the Sun", give a little what?
47. Tragically Hip's "___ (for Hugh MacLennan)"
50. Chopin music pieces
52. ___ degree
56. Racer's reward
58. Ancient shield
60. Avian's abode
61. Tuna: French
62. Take ___ bank loan
63. Honey drink
64. Additional
65. 0 Meridian letters
66. Legal lieu
67. Ms. MacGraw

Yesterday's Crossword



Online

See today's answers at
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Sudoku

How to play

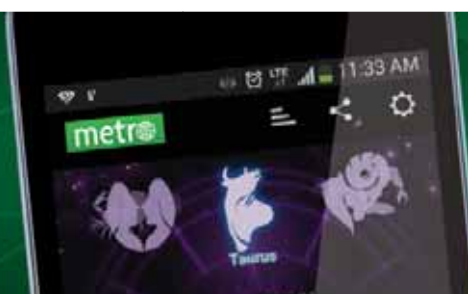
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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